

From: [Amy Geistlinger](#)
To: [Melanie Wood](#); [Lee-Ann Tiede](#); [Julia Fraser](#); [Chantelle Desrosiers](#); [Wayne Broughton](#); [Lisa Guderyan](#); [Valene Johnson](#)
Cc: [Lise Bradshaw](#); [Delta Carmichael](#); [Kevin Kaardal](#); [Jon Rever](#)
Subject: Re: Board correspondence
Date: Monday, March 17, 2025 6:52:21 PM

Dear Melanie,

I thank you for taking the time to reach out to the trustees with your concerns.

The timing worked out for me to have an opportunity to listen to the attached videos while making dinner this evening, and I am grateful for your sharing them with us. I will comment on the "Tech in Schools" video here. It was an extremely compelling speech given by an incredibly articulate woman. I hope to find time to watch it again and take down some notes as I do, for her thoughts reflected many of my own (with more eloquence than I can convey). I share many of her concerns on the negative impacts of digital technology and screen time on our children.

So you're aware, many staff in the school district have read (or are in the process of reading) a book by Jonathan Haidt called "**The Anxious Generation**: How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness" ([link](#)). There is a growing awareness of the many downsides to screentime and access to digital technologies for our youngest generations.

Additionally, you're probably aware of the new **cell phone restrictions** that have been implemented across school districts in BC restricting student use of digital devices in our classrooms ([link](#)). On the government of BC website (link provided), an image reads: "Without phone distractions, school makes more sense." So, while the degree of passionate agreement with screen/digital technology limitations for children varies by individual, it's safe to say that our province has taken a step in the right direction in this regard.

Thank you for being an involved grandparent and for sharing your concerns with us. I hope that some of the information provided above can provide assurance that others (including myself) share your concerns and are all wanting the best for our children.

Sincerely,

Amy Geistlinger

Central Okanagan Public Schools - Trustee

Dear School Board members:

I am a very concerned about the direction that Government public schools are heading; I hope you are as well.

Please listen to these very educational, and informed presenters; who share the same serious concern. I hope you take a few minutes out of your day to learn. I hope this may impact change in the system.

Melanie, a very concerned grandmother

<https://www.youtube.com/watch?v=7V6nuckFK88> Tech in schools

<https://www.youtube.com/watch?v=3yyJFipt8Fw> Transhumanism