



HEALTH PROMOTING SCHOOLS COMMITTEE MEETING

"AMENDED MINUTES"

Thursday, DECEMBER 2nd, 2021

VIA ZOOM @ 4:15 - 6:00 pm



REPRESENTING:	C O M M I T T E E M E M B E R S		
Board of Education			
Indigenous Education			
ARC Programs	Cassy Lukey, Counsellor		
COPAC		Sarena Smith, MID	Valary Chidwick, SEC
COPVPA		Scott Sieben is looking for a MID Rep	Robbie Franklin, SEC
COTA	Mary Hope, ELEM		
CUPE			
District Student Council	Amely Wolf, GES, alternate	Jadyn Ringrose, MBSS	
HPS Coordinators	Tricia Penny	Tracy Schuler	
IHA	Karla MacDonald, Public Health	Leah Perrier, Public Health Dietitian	
Mental Health	David Guthrie, CYMH		
Sexual Health Educators		Leanne Woodrow	
District Staff	Al Lalonde, Assistant Superintendent	Sherri McKinnon, District Principal-Learning Support Services	Wendy Kennedy, Recording Secretary

1. WELCOME & ACKNOWLEDGEMENT

Al Lalonde

Introduction: Alison Sidow, Education Consultant, Thompson Rivers University, Kamloops, BC

2. AGENDA

Al Lalonde

2.1 Adoption of December 2nd, 2021 Agenda

Motion to accept; Sarena Smith, Seconded; Cassandra Lukey; passed

3. MINUTES

Al Lalonde

3.1 Adoption of October 7th, 2021 Minutes

Motion to accept; David Guthrie, Seconded; Valary Chidwick; passed

4. PRESENTATIONS/FEEDBACK

4.1 Level 1 District Review Update, Timeline, Committee Feedback

Alison Sidow

Alison Sidow, Education Consultant from Thompson Rivers University in Kamloops, BC will be conducting a Level 1 District Review of the HPS Program. Alison explained the process and reviewed timelines (see Appendix A).

AMENDED as per meeting held on February 3, 2022

Mary Hope, COTA Table officer asked what type of questions would be asked or gathered by the District Level 1 Review. In addition, to surveying and gathering information on HPS, the need to interview and survey teachers regarding their own wellbeing in the educational system. As, Policy #423 Health Promoting Schools states it "is committed to ensuring all students and staff have the opportunity to learn and work in a 'healthy and safe' school or work environment. Additionally, the District's Strategic Plan focuses on this very same initiative. Is this review, truly asking questions that seek a deep understanding of the issues that may be impacting teachers, and in turn, impacting our students: (ex. Pandemic, resiliency, sleep, technology, family, composition/EEN, VTIH, Worksafe claims etc.)

4.2 Teach Food First: An Educator's Toolkit

Leah Perrier

Leah, our Public Health Dietician, presented the Teach Food First Toolkit for educators. The toolkit provides teaching and learning suggestions for the updated Canada Food Guide and the new approach to food messaging.

5. 2021-22 HPS ACTION PLAN UPDATE

Tricia & Tracy

The H2O Center and the Kelowna Family Y are optimistic that they will secure funding and be able to provide the Swim Program to our district Grade 4 students. The program could not run last year due to COVID cancellations.

6. NEW BUSINESS

6.1 Sexual Health Education – update

Leanne, Nicole & Jenny

Leanne Woodrow provided an update for the Sexual Health Program sharing they have been to all of the highschools except GESS. They are hoping to receive a grant that will allow them to receive training and develop resources to support the needs of the sexual health education for resource students.

6.2 Mental Health Support/Social Emotional Learning – update

Sherri McKinnon

Sherri McKinnon advised that schools across the province received mental health grants for students and that they are at the draft stage on how to utilize those funds so that it is sustainable.

7. FUTURE PRESENTATIONS

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8. 2021-2022 HPS COMMITTEE MEETINGS

Thursdays @ 4:15- 6:00 pm

February 3, 2022

April 7, 2022

June 2, 2022

9. ADJOURNMENT

Meeting adjourned at 6:08 pm

APPENDIX A

HPS LEVEL 1 REVIEW PLAN			
Date	Stakeholder	Task	Communication
Dec 2	HPS Committee	Review plan and set focus.	Zoom
Dec 9	District Staff: Deputy Superintendent; Assistant Superintendent; Secretary-Treasurer; District Principal Learning Support Services; HPS Coordinators	Review plan and survey with District staff.	SBO
Dec 16	Clerical	Prepare survey questions using Survey Monkey.	On-line
Jan 3/4	Superintendent	Send out endorsement message.	Email, social media
Jan 5-14	Stakeholders	Complete survey.	Survey Monkey
Jan 17	Stakeholders' Dialogue	Engage in data-driven dialogue.	Education Center
Jan 18-19	Focus Groups	Focus group dialogue and follow up.	Education Center
Jan 19	Senior Staff	Present summary of initial findings.	SBO
TBD	HPS Committee	Present summary of initial findings.	Zoom
Feb 28	Deputy Superintendent and Assistant Superintendent	Present draft report of findings and recommendations.	Zoom
March 4	District Staff	Present draft report of findings and recommendations.	SBO
March 15	Superintendent	Deliver draft report of findings and recommendations.	Zoom
April 20	Education and Student Services Committee	Present final report of findings and recommendations.	SBO